



Niskayuna Middle Schools

Dear Middle School Parent/Guardian,

Young adolescence is a time of significant developmental and social change for our middle school students. Providing positive guidance to students in the midst of these changes can be challenging to parents and educators alike. To this end, N-CAP and our middle schools are hosting an informational evening for parents. This is a resource that has been provided to families periodically over the past 20 years and affectionately titled, "Living and Working With a Middle Schooler... or Why Alligators Eat Their Young".

"Alligator Night" consists of small group sessions meant to inform and stimulate discussion on topics relevant to parents of middle school students. The sessions are facilitated by educators and professionals in the field. The topics/sessions covered that evening will include...

- Bullying and Cyberbullying
- Adult products marketed to adolescents
- Ask the Pediatrician: Guidance on developmental changes
- Communicating with a middle schooler
- Parenting a young adolescent

Alligator Night is scheduled for Tuesday, February 8 from 7:00-9:15 p.m. We will begin the evening in the Niskayuna High School little theatre. The snow date is February 9. There is no need to pre-register, simply meet at the little theatre.

We strongly encourage you to attend on this evening. It promises to be an informative and practical experience. We look forward to seeing you there.

Sincerely,

Victoria L. Wyld
Principal-Iroquois MS

Sincerely,

Luke Rakoczy
Principal-Van Antwerp MS