

Elementary Counseling Program

Niskayuna Central Schools
*...working with parents,
teachers, and other district staff
to help students develop
academically, personally, and
socially!*



Our counselors are...

Rosendale

Karleen Whitaker
(518) 377-3123

Craig

Kevin McFerran
(518) 377-0156

Birchwood & Hillside

Anita Andersen
(518) 785-3445 Birchwood
(518) 377-1856 Hillside

Glenclyff

Karl Swisher
(518) 399-2323

Students...

...ask your teacher to leave a message for the counselor;

...leave a note in the office;

...tell your counselor that you need to see them

Parents...

...please call your child's school to schedule an appointment or ask your child's teacher

Niskayuna Central Schools

Elementary counseling attempts to help ***all children*** get the most out of school.

Your support and cooperation can help make your child's school years a rewarding experience.

We hope that parents and students feel free to use these services and we look forward to working with you.



Elementary Counseling Program

Students, we are here to help you with:

- working out personal and school related issues
- improving your grades
- making friends
- feeling good about yourself
- adjusting to a new school
- learning how to make decisions
- getting along with brothers and sisters
- planning for Middle School
- dealing with peer pressure and bullying
- learning effective study skills

Anything that is important to you!

Parents, we are available to assist and provide you with:

- exploring ways to help your child succeed
- improving parent-child communications
- recommending referral sources
- understanding the developmental changes of childhood
- expedite communication with teachers
- supply reference materials
- information to help understand your child's special needs

Teachers, we are available to work with you on:

- addressing and resolving student behavioral concerns
- discussing special student needs
- developing and implementing counseling groups to address various issues
- assisting with class units on developmental issues