

***ANNOUNCING THE 5<sup>TH</sup> ANNUAL  
WARRIOR TRACK CLASSIC***

SATURDAY, APRIL 21<sup>ST</sup> , 2012 AT 9:00 AM

NISKAYUNA HIGH SCHOOL

[HTTP://WWW.NISKYTRACK.ORG](http://www.niskytrack.org)

You and your team are cordially invited to the Fifth Annual Warrior Track Classic Invitational. This co-ed meet will have plenty of competition to give you and your team a good idea of the early season form of your athletes. Teams from all across the Northeast are receiving invitations to this meet. We will be accepting the first 30-35 squads who express interest.

**DATE:** April 21, 2012

**TIME:** 9:00 AM --- scratches and changes due by 8:30 AM

**WHERE:** Niskayuna High School

**Athletes:** This is a co-ed meet.

**Facility:** The track is a 6 lane all-weather facility. Bathroom facilities are available at the track. Blocks will be provided. Please use ¼” spikes only if they are recessed. 3/16” spikes are fine whether recessed or not. We hope to have a trainer on site. There will be a concession stand available for your athletes. T-Shirts will be on sale for \$10.

**Format:** Each school is allowed 3 entries per event and one relay.

**Entries:** We will be using Hy-Tek Meet Manager and results will be posted on line at the conclusion of the meet. All entries must be emailed to meet management by Wednesday, April 18<sup>th</sup>. We will also be using FAT. Make sure your athletes stay away from the finish area to avoid interference with the timing system.

Go to <http://www.niskytrack.org> and click on the Warrior Track Classic link to the left. Download the excel spreadsheet file or if you use Hy-Tek Team Manager, you may get the event codes and send an export version of your entries. Entries will be accepted via the excel file or Hy-Tek file only. Please email to [jderocco@niskyschools.org](mailto:jderocco@niskyschools.org).

Scratches/changes may be made up until 8:30 AM the day of the meet. No changes may be made after that time.

**Rules:** National Federation rules will be applied. The New York State jewelry rule will also be in effect.

**Scoring:** 10-8-6-4-2-1 in both individual events and relays.

Awards: Top 6 in each event will receive custom medals. The winning individual and winning relay teams will also receive CHAMPION T-Shirts. Team trophies to the top 3 boys and girls teams.

Fees: \$140 for a single gender school, \$200 for co-ed teams. Single entries are accepted at \$12 each. **If you entered and paid for relays for the Medley Relay Challenge on April 20, 2012 the fee for the Warrior Classic will be \$120 for a single gender squad or \$170 for a co-ed team.** The fee should be made payable to **Niskayuna High School** and sent to:

Niskayuna High School  
c/o Jason DeRocco  
1626 Balltown Road  
Niskayuna, NY 12309

Officials: We hope to have 10 certified officials for this meet.

Any questions??? You may call Jason DeRocco at 518-423-7511 or email to [jderocco@niskyschools.org](mailto:jderocco@niskyschools.org).

Meet Website: <http://www.niskytrack.org>

**ORDER OF EVENTS**  
**SATURDAY, APRIL 21, 2012**

FIELD EVENTS BEGIN AT 9:15 am

ALL EVENTS ARE FLIGHTED WITH 3 JUMPS OR THROWS

The top 7 in each event will advance to the finals and receive 3 more attempts.

TIMES ARE APPROXIMATE AND WILL BE MOVED UP AS MUCH AS POSSIBLE.

9:15 am

GIRLS TRIPLE JUMP

BOYS LONG JUMP

GIRLS SHOT PUT

BOYS DISCUS

BOYS HIGH JUMP (STARTING HEIGHT 5' 0" INCREMENTS OF 3" UNTIL 6  
ATHLETES REMAIN THEN UP BY 2")

GIRLS POLE VAULT (STARTING HEIGHT 6' 6" INCREMENTS OF 6")

The following events will be begin as soon as possible after the above events have  
been concluded:

GIRLS LONG JUMP

BOYS TRIPLE JUMP

GIRLS DISCUS

BOYS SHOT PUT

GIRLS HIGH JUMP (STARTING HEIGHT 4' 0" INCREMENTS OF 3" UNTIL 6  
ATHLETES REMAIN THEN UP BY 2")

BOYS POLE VAULT (STARTING HEIGHT 9' 0" INCREMENTS OF 6")

**TRACK EVENTS BEGIN AT 9:30 am (EVENTS NOT NECESSARY WILL BE SCRATCHED). TIMES ARE APPROXIMATE, MEET WILL MOVE AHEAD OF SCHEDULE WHEREVER POSSIBLE.**

**PRELIMINARIES**

**9:30 am: BOYS 110 METER HURDLE SEMI-FINALS  
GIRLS 100 METER HURDLE SEMI-FINALS  
GIRLS UNSEEDDED 3000 METERS  
BOYS UNSEEDDED 3000 METERS  
GIRLS 100 METER DASH SEMI-FINALS  
BOYS 100 METER DASH SEMI-FINALS  
GIRLS UNSEEDDED 1500 METERS (sections)  
BOYS UNSEEDDED 1500 METERS (sections)  
GIRLS 200 METER DASH SEMI-FINALS  
BOYS 200 METER DASH SEMI-FINALS**

**Please note: If the dashes and hurdles have more than 24 entries, we will take the six fastest times to the finals. If the events have 24 or fewer entries, we will take the winner and the next fastest times to the finals.**

**FINALS AND NATIONAL ANTHEM**

**ALL SECTIONS WILL BE RUN SLOW TO FAST**

<b>GIRLS 4 X 800 RELAY (sections)</b>	<b>BOYS 4 X 800 RELAY (sections)</b>
<b>GIRLS 100 M HH FINALS</b>	<b>BOYS 110 M HH FINALS</b>
<b>GIRLS 100 M DASH FINALS</b>	<b>BOYS 100 M DASH FINALS</b>
<b>GIRLS SEEDDED 1500 M RUN</b>	<b>BOYS SEEDDED 1500 M RUN</b>
<b>GIRLS 4 X 100 RELAY (sections)</b>	<b>BOYS 4 X 100 RELAY (sections)</b>
<b>GIRLS 400 M DASH (TIMED FINAL)</b>	<b>BOYS 400 M DASH (TIMED FINAL)</b>
<b>GIRLS 400 M IH (TIMED FINAL)</b>	<b>BOYS 400 M IH (TIMED FINAL)</b>
<b>GIRLS 800 M RUN (sections)</b>	<b>BOYS 800 M RUN (sections)</b>
<b>GIRLS 200 M DASH FINALS</b>	<b>BOYS 200 M DASH FINALS</b>
<b>GIRLS SEEDDED 3000 M RUN</b>	<b>BOYS SEEDDED 3000 M RUN</b>
<b>GIRLS 4 X 400 RELAY (sections)</b>	<b>BOYS 4 X 400 RELAY (sections)</b>

Warrior Track Classic  
Co-Ed Invitational  
Saturday, April 21, 2012

School Name \_\_\_\_\_

Coach's Name \_\_\_\_\_

Address \_\_\_\_\_

Phone \_\_\_\_\_ Fax \_\_\_\_\_

E-Mail \_\_\_\_\_

Please check one:

\_\_\_\_\_ Yes, we will participate in the Warrior Track Classic

\_\_\_\_\_ No, we won't be participating, but keep us on the mail list

\_\_\_\_\_ No, we won't be participating, please remove from mail list

Please mail intention sheet with proper payment to:

Niskayuna HS  
Jason DeRocco  
1626 Balltown Road  
Niskayuna, NY 12309

EMAIL: [jderocco@niskyschools.org](mailto:jderocco@niskyschools.org)

**PLEASE MAIL OR E-MAIL THIS FORM WITH PROPER PAYMENT BY  
APRIL 11, 2012.**