

*INTRODUCING THE 3RD ANNUAL
GREAT DANE CLASSIC*

SUNDAY, FEBRUARY 12TH, 2012 AT 8:30 AM

UNIVERSITY AT ALBANY

You and your team are cordially invited to the Third Annual Great Dane Classic Invitational. This co-ed meet will have plenty of competition to give you and your team a good idea of the Championship fitness for your athletes.

DATE: February 12, 2012

TIME: 8:30 AM --- scratches and changes due by 8:30 AM

WHERE: University of Albany, SEFCU ARENA AND BUBBLE

Athletes: This is a co-ed meet.

Facility: The track is a 4 lane, Tartan surface. Bathroom facilities are available at the track. Please bring your own blocks and batons. Spikes will not be allowed for any events. There will be a concession stand available for your athletes. T-Shirts will be on sale for TBA.

Format: Each school is allowed 1 entry per event regardless of standard qualification, and one relay. To enter more than one athlete in an event, ALL athletes must meet the standards outlined on the following pages. There are NO WILD CARD ENTRIES.

Entries: Follow the links at www.niskytrack.org to find the Great Dane Classic. To enter, All entries must be received by Wednesday, February 8th. Entry lists will be posted on the web Thursday, February 9th. Results will be posted on line at www.niskytrack.org at the conclusion of the meet. Please email Jason DeRocco, jderocco@niskyschools.org if you have any questions. Scratches/changes may be made up until 8:30 AM the day of the meet. No scratches or changes may be made after that time.

Rules: National Federation rules will be applied. The New York State jewelry rule will also be in effect.

Scoring: 10-8-6-4-2-1 in both individual events and relays.

Awards: Top 6 in each event will receive custom medals. Team trophies to the top 3 boys and girls teams.

Fees: If your school is a member of the TCITL the entry fee is waived.
For all others:

\$10 per individual event

\$20 per relay

\$80 blanket fee for single gender teams

\$125 blanket fee for co-ed teams

The fee should be made payable to **TCITL** and sent to:

Niskayuna High School

c/o Jason DeRocco

1626 Balltown Road

Niskayuna, NY 12309

Officials: There will be certified officials for each event.
Fully Automatic Timing will be used

Miscellaneous: All warming up must be done outside or on the walkway above the track.

Awards will be given to the top 6 boys and girls.

All entries beyond the one entry per event will be screened to make certain that the mark was achieved at a bona fide meet in the 2011-2012 season. You will NOT be notified of rejection. You must check www.niskytrack.org on Thursday, February 9th to see if your athletes have officially been entered into the meet.

Provide 55 meter dash and 55 meter hurdle times **ONLY** for seeding purposes.

Awards will be available once an event's results are announced and posted. Please pick up awards as soon as possible to help keep the area less hectic.

Coaches, athletes, and parents are **NOT** permitted in the FAT area. The finish line should be kept clear to allow the meet to run smoothly.

The cut off for the unseeded 3000 and 3200 will be announced as soon as it is determined. There will not be a coaches meeting. Please listen to the PA for scratches, number of heats, and advancement formulas. This meet should bring together some outstanding talent from New York State, and be a nice preview of Sectionals and State Qualifiers. We hope that you will join us for a great day of competition. Enclosed are instructions and standards for entering the meet.

Any questions??? You may call Jason DeRocco at 518-423-7511 or email at jderocco@niskyschools.org.

Meet Website: <http://www.niskytrack.org>

Click on the Great Dane Classic link on the left

2012 Great Dane Classic --- Indoor Track and Field
Co-Ed Invitational

School Name _____

Coach's Name _____

Coach's email address _____

School Address _____

Phone _____ Fax _____

Please check one:

_____ Yes, we will participate in the Great Dane Classic

_____ No, we won't be participating, but keep us on the mail list

_____ No, we won't be participating, please remove from mail list

Please mail intention sheet with proper payment payable to the TCITL to:

Niskayuna HS
Jason DeRocco
1626 Balltown Road
Niskayuna, NY 12309

PLEASE MAIL THIS FORM WITH VOUCHER OR CHECK FOR PROPER
ENTRY FEES BY February 1st, 2012

CHECKS MUST BE MADE OUT TO THE TCITL!

ORDER OF EVENTS
SUNDAY, FEBRUARY 12TH, 2012

The shot put and pole vault will be contested in the “bubble”.

“Bubble” EVENTS BEGIN AT 9 AM, Other Field Events begin at 8:30 AM

ALL EVENTS ARE FLIGHTED WITH 3 THROWS OR JUMPS

The top 7 in each event will advance to the finals and receive 3 more attempts.

9 AM GIRLS POLE VAULT (STARTING HEIGHT 7' 0" INCREMENTS OF 6")
FOLLOWED BY
BOYS POLE VAULT (STARTING HEIGHT 10' 0" INCREMENTS OF 6")

9 AM BOYS SHOT PUT FOLLOWED BY GIRLS SHOT PUT

SEFCU ARENA FIELD EVENTS BEGIN AT 8:30 am

TIMES ARE APPROXIMATE AND WILL BE MOVED UP AS MUCH AS POSSIBLE.

8:30 am

GIRLS LONG JUMP
FOLLOWED BY BOYS LONG JUMP
FOLLOWED BY GIRLS TRIPLE JUMP
FOLLOWED BY BOYS TRIPLE JUMP

BOYS HIGH JUMP
(STARTING HEIGHT 5' 3" INCREMENTS OF 3" UNTIL 6
ATHLETES REMAIN THEN UP BY 2")

FOLLOWED BY GIRLS HIGH JUMP
(STARTING HEIGHT 4' 3" INCREMENTS OF 3" UNTIL 6
ATHLETES REMAIN THEN UP BY 2")

TRACK EVENTS BEGIN AT 9:30 am (EVENTS NOT NECESSARY WILL BE SCRATCHED). TIMES ARE APPROXIMATE, MEET WILL MOVE AHEAD OF SCHEDULE WHEREVER POSSIBLE.

Running Events (sections will be run slow to fast)

9:30 am GIRLS 3000 meter run UNSEEDED
 BOYS 3200 meter run UNSEEDED
 GIRLS 800 meter relay
 BOYS 800 meter relay
 GIRLS 55 meter hurdles TRIALS
 BOYS 55 meter hurdles TRIALS
 GIRLS 55 meter hurdles SEMIS
 BOYS 55 meter hurdles SEMIS
 GIRLS 55 meter hurdles FINAL (2 finals of 5 athletes)
 BOYS 55 meter hurdles FINAL (2 finals of 5 athletes)
 GIRLS 3200 meter relay SECTIONS
 BOYS 3200 meter relay SECTIONS
 GIRLS 300 meter dash TIMED FINAL
 BOYS 300 meter dash TIMED FINAL
 GIRLS 1500 meter run SECTIONS
 BOYS 1600 meter run SECTIONS
 GIRLS 600 meter run SECTIONS
 BOYS 600 meter run SECTIONS
 GIRLS 3000 meter run SEEDED
 BOYS 3200 meter run SEEDED
 GIRLS 55 meter dash TRIALS
 BOYS 55 meter dash TRIALS
 GIRLS 55 meter dash SEMIS
 BOYS 55 meter dash SEMIS
 GIRLS 1000 meter run SECTIONS
 BOYS 1000 meter run SECTIONS
 GIRLS 55 meter dash FINAL
 BOYS 55 meter dash FINAL
 GIRLS 1600 meter relay SECTIONS
 BOYS 1600 meter relay SECTIONS

QUALIFYING STANDARDS

ALL TIMES ARE FAT

<u>EVENT</u>	<u>BOYS</u>	<u>GIRLS</u>
<u>TRACK EVENTS</u>		
55 METERS**	7.04	8.04
55 METER HURDLES**	8.94	10.04
300 METER DASH**	39.24	45.74
400 METER DASH	53.54	64.04
600 METER RUN**	1:30.04	1:46.74
800 METER RUN	2:03.04	2:25.04
1000 METER RUN**	2:45.04	3:12.04
1500 METER RUN**	(4:28.04)	5:10.04
1600 METER RUN**	4:48.04	(5:30.04)
One Mile RUN	4:50.04	5:32.04
3000 METER RUN**	(9:25.04)	11:10.04
3200 METER RUN**	10:20.04	11:53.04
Two Mile RUN	10:23.54	11:57.04

** Event to be contested

ALL SCHOOLS ARE ALLOWED ONE RELAY TEAM, THERE ARE NO MINIMUM STANDARDS TO ENTER A RELAY.

FIELD EVENTS

EVENT	BOYS	GIRLS
HIGH JUMP	5' 8"	4' 8"
OPENING HEIGHTS	5' 3"	4' 3"
POLE VAULT	11' 0"	8' 0"
OPENING HEIGHTS	10' 0"	7' 0"
SHOT PUT	40' 0"	30' 0"
LONG JUMP	19' 6"	15' 0"
TRIPLE JUMP	39' 6"	31' 6"

There are no minimums for measurement in competition.
All marks in field events will be recorded.